

LUNCH MENU

EGG SANDWICHES

Ala Carte / Deluxe

All deluxe sandwiches are served with French Fries



- FRIED EGG SANDWICH 3.35 / 5.35
- CHOPPED EGG SALAD 4.45 / 6.45
- BACON, EGG & CHEESE 5.45 / 7.45
- EGG
 - with HAM, BACON or SAUSAGE 4.45 / 6.45
 - with MUSHROOM or PEPPER 4.45 / 6.45
 - with AMERICAN CHEESE 3.75 / 5.75
 - with CANADIAN BACON 4.75 / 6.75
 - with SWISS CHEESE 3.85 / 5.85
- DOUBLE EGG SANDWICH 4.05 / 6.05
- DOUBLE EGG
 - with HAM, BACON or SAUSAGE 5.75 / 7.75
 - with GREEN PEPPER 4.45 / 6.45
- WESTERN OMELETTE 4.45 / 6.45

NOVA SCOTIA SPECIALS



- NOVA SCOTIA LOX and CREAM CHEESE 12.45
*Open Bagel with Potato Salad, Lettuce,
Tomato and Bermuda Onion*
- NOVA SCOTIA LOX and CREAM CHEESE 10.95
Served on Toasted Bagel with Sliced Onion
- NOVA SCOTIA LOX 10.45
Served on Toasted Bagel with Sliced Onion

FISH SANDWICHES

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- TUNA SALAD 7.45 / 9.45
- TUNA MELT 8.25 / 10.25

MEAT SANDWICHES

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- ALL WHITE TURKEY MEAT 8.85 / 10.85
- ROAST BEEF 8.85 / 10.85
- MEATLOAF 7.85 / 9.85
- PASTRAMI 8.85 / 10.85
- CORNER BEEF
 - on Grilled Rye Toast 8.85 / 10.85
- HAM BAKED or BOILED 7.85 / 9.85
- BACON 7.75 / 9.75
- GRILLED CHICKEN CUTLET 8.65 / 10.65
- BACON, LETTUCE and TOMATO 6.95 / 8.95
- CHICKEN SALAD 6.95 / 8.95
- MEATBALL 7.85 / 9.85

CHEESE SANDWICHES

Ala Carte / Deluxe

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- GRILLED CHEESE 6.30 / 8.30
 - with Ham or Bacon 7.60 / 9.60
 - with Tomato 7.05 / 9.05
- Choice of American, Swiss, Mozzarella or Cheddar*

LUNCH MENU

SPECIALTY SANDWICHES



- REUBEN SANDWICH 10.95**
Served with Broiled Corned Beef or Smoked Pastrami with Swiss Cheese and Sauerkraut
- BARBECUED BEEF DELUXE 10.95**
Hot Roast Beef with Barbecue Sauce served on a Toasted Kaiser Roll with French Fries, Lettuce and Tomato
- BALBOA 10.95**
Sliced Roast Beef with Melted Mozzarella on Garlic Bread with French Fries
- SOUVLAKI 10.95**
Choice of Chicken or Pork on Pita Bread Served with Tzatziki Sauce and French Fries
- GYRO 10.95**
Choice of Chicken or Beef on Pita Bread Served with Tzatziki Sauce and French Fries
- GRILLED SWISS COMBO 10.95**
Grilled Turkey, Boiled Ham and Swiss Cheese with Tomato on Rye with Russian Dressing, Served with French Fries
- PHILADELPHIA CHEESE STEAK 10.95**
Thinly Sliced Beefsteak with Fried Onions, Green Peppers Topped with Melted American Cheese on a Toasted Buttered Roll
- EGGPLANT PARMIGIANA 10.95**

CLUB SANDWICHES

Served with Lettuce, Tomato, Potato Salad and Pickle



- TURKEY & BACON 11.95**
- BAKED HAM & SWISS CHEESE 11.95**
- CHICKEN SALAD & BACON 11.95**
- EGG SALAD & TUNA 11.95**
- ROAST BEEF & SWISS CHEESE 11.95**
- HAMBURGER PATTY & BACON 11.95**
- GRILLED CHICKEN & BACON 11.95**

HAMBURGERS

Ala Carte / Deluxe

Deluxe burgers are served with Lettuce, Tomato, and French Fries



- HAMBURGER 6.55 / 8.75**
- CHEESEBURGER 6.80 / 8.80**
- DOUBLE BURGER 9.40 / 11.40**
- DOUBLE CHEESEBURGER 9.55 / 11.55**
- BACON HAMBURGER 7.50 / 9.50**
- BACON CHEESEBURGER 7.75 / 9.75**
- PIZZA BURGER 7.50 / 9.50**
- SWISS BURGER 6.80 / 8.80**
- TURKEY BURGER 6.55 / 8.55**
- GREEK BURGER 7.75 / 9.75**
with Feta Cheese
- GARDEN BURGER 6.85 / 8.85**
- CHIPOTLE BLACK BEAN BURGER 6.85 / 8.85**
- HOT DOG 5.20 / 7.20**
Tomato add .75, Fried Onions add .75

WRAPS

Served with French Fries



- BUFFALO CHICKEN WRAP 10.95**
with Spicy Buffalo Chicken Tenders, Lettuce and Tomato
- CHICKEN TENDERS 10.25**
with Lettuce, Tomato and Honey Mustard
- B.L.T. WRAP 10.25**
with Bacon, Lettuce, Tomatoes and Mayo
- CHICKEN CAESAR WRAP 10.25**
Grilled Chicken, Romaine Lettuce and Caesar Dressing
- MEDITERRANEAN WRAP 10.25**
with Feta Cheese, Peppers, Onions, Cucumber, Lettuce and Tomato
- GRILLED CHICKEN WRAP 10.95**
with Diced Grilled Chicken Breast, Lettuce and Tomato
- VEGGIE WRAP 10.25**
Eggplant, Fried Onions and Mushrooms
- PASTRAMI or CORNED BEEF WRAP 10.95**
with Sauerkraut and Swiss Cheese
- FRESH TURKEY 10.95**
Tomato, Onion and Honey Mustard Dressing

LUNCH MENU

HOMEMADE SOUPS

Made fresh daily with the finest ingredients

Cup 3.25 Bowl 3.50



See our daily soup schedule below

- Monday** Chicken Rice, Yankee Bean, Cream of Broccoli
Tuesday Yankee Bean, Beef Barley, Chicken Noodle
Wednesday Lentil, Beef Barley, Vegetable
Thursday Split Pea, Cream of Turkey, Vegetable
Friday Vegetable, Manhattan Clam Chowder, Green Split Pea
Saturday Lentil, Manhattan Clam Chowder, Cream of Broccoli
Sunday Lentil, Manhattan Clam Chowder, Chicken Rice

OUR FAMOUS CHILI CON CARNE

Cup 3.50 Bowl 4.50



PANINIS

Served with French Fries



- GRILLED SWISS COMBO 10.95**
with Grilled Turkey, Ham, Swiss Cheese & Tomato
- GRILLED CHICKEN & ROASTED PEPPERS 10.95**
with Grilled Chicken, Roasted Red Peppers, Mozzarella Cheese and Balsamic Vinegar
- VEGGIE PANINI 10.95**
with Eggplant, Fried Onions, Mushrooms and Mozzarella Cheese
- PHILADELPHIA CHEESE STEAK PANINI 10.95**
with Grilled Sliced Steak, Fried Onions, Peppers and Melted American Cheese
- GYRO PANINI 10.95**
with Gyro Meat, Tomato, Onion and Tzatziki Sauce
- TURKEY PANINI 10.95**
with Bacon, Cheddar and Honey Mustard

FINGER FOOD

Served with Soup or Salad and French Fries



- BUFFALO WINGS 13.25**
Spicy Buffalo Wings, Blue Cheese Upon Request
- SOUTHERN FRIED CHICKEN 13.25**
Battered Deep Fried Chicken
- FRIED CLAM STRIPS 13.25**
Served with Tartar Sauce and Lemon Wedges
- CHICKEN FINGERS 13.25**
Served with Marinara, Honey Mustard or BBQ Sauce
- MOZZARELLA STICKS 12.55**
Served with Marinara Sauce
- FRIED CALAMARI 13.25**
Served with Marinara or Tartar Sauce
- FRIED SHRIMP 13.25**
Served with Marinara or Tartar Sauce

SPECIAL SALADS

Small / Large

- FRUIT SALAD WITH COTTAGE CHEESE 9.95**
- GREEN SALAD 8.20 / 9.20**
- CHEF SALAD 10.20 / 11.20**
Roast Beef, Ham, American Cheese and Turkey over a bed of Lettuce, Sliced Egg, Tomato, Olives, Peppers and Cucumbers
- GREEK SALAD 10.20 / 11.20**
Tomatoes, Onion, Pepper, Lettuce, Kalamata Olives, Anchovies, Feta Cheese, Stuffed Grape Leaves and Dressing
- CAESAR SALAD 8.20 / 9.20**
Romaine Lettuce, Croutons and Creamy Caesar Dressing topped with Parmesan Cheese
- HONEY FRIED CHICKEN SALAD 10.20 / 11.20**
Honey Mustard Chicken Fingers with Lettuce, Tomato, Bacon and Cheddar Cheese
- TACO SALAD 10.20 / 11.20**
Taco shell with Lettuce, Tomato, Onions, Peppers, Cucumbers, Chili and Cheddar Cheese
- MIXED GREEN SALAD 10.20 / 11.20**
Mixed Greens with Lettuce, Cranberries and Walnuts

SALAD ADD-ONS

- GRILLED CHICKEN 3.50**
- GYRO MEAT 3.50**
- FRIED CALAMARI 3.50**
- CHICKEN FINGERS 3.50**
- FRIED SHRIMP 4.50**
- SHELL STEAK 7.00**

LUNCH MENU

DIET DELIGHTS

- CHARBROILED HAMBURGER PATTY **9.90**
with Scoop of Cottage Cheese, Lettuce and Tomato
- SLICED HARD BOILED EGG **9.40**
with Scoop of Cottage Cheese, Lettuce and Tomato
- SCOOP OF TUNA SALAD **10.40**
with Scoop of Cottage Cheese, Lettuce and Tomato
- SLICED FRESH WHITE TURKEY BREAST **10.40**
with Lettuce and Tomato and Cottage Cheese
- MELON and COTTAGE CHEESE (Seasonal) **8.40**
- GARDEN BURGER **10.20**
Veggie Patty (Peas, Spinach, Broccoli, Corn, Carrot and Spices) with Scoop of Cottage Cheese, Lettuce and Tomato
- GRILLED CHICKEN **10.20**
with Scoop of Cottage Cheese, Lettuce and Tomato
- VEGETABLE PLATE
with 3 vegetables **9.40**
with 4 vegetables **10.20**

SIDE ORDERS



- SWEET POTATO FRIES **5.45**
- ONION RINGS **4.60**
- FRENCH FRIES **4.45**
- FRENCH FRIES with CHEESE **5.45**
- POTATO SALAD (Homemade) **3.80**
- COLE SLAW (Homemade) **3.80**
- LETTUCE (Hearts) **4.00**
- TOMATOES (Sliced) **4.00**
- APPLESAUCE **3.60**
- HOT VEGETABLE **3.60**
- RICE **4.00**
- SPAGHETTI with MARINARA SAUCE **5.60**
- HOUSE SALAD **4.95**
- CREAMY COTTAGE CHEESE **4.20**
- GRITS **2.95**

SANDWICH ADD-ONS

- BACON **2.00** TOMATO **.75**
- SWISS CHEESE **.75** AMERICAN CHEESE **.75**
- FRIED ONIONS **.75** PITA BREAD **.50**

CHILDREN'S MENU

For Children 12 years and Under



- BREADED FILET of FLOUNDER **9.75**
French Fries, Cup of Cole Slaw, Beverage and Dessert
- GRILLED HAMBURGER PLATE **9.45**
Mashed Potatoes, Gravy, Beverage and Dessert
- TUNA SALAD SANDWICH **9.45**
On White Bread with French Fries, Beverage and Dessert
- CHICKEN FINGERS **9.45**
French Fries, Beverage and Dessert
- SPAGHETTI and a MEATBALL **9.45**
with Marinara Sauce, Beverage and Dessert
- SLICED FRESH WHITE TURKEY MEAT **9.45**
Cranberry Sauce, Mashed Potatoes, Gravy, Beverage and Dessert
- GRILLED AMERICAN CHEESE **8.75**
French Fries, Beverage and Dessert
- HOT DOG on a BUN **8.75**
French Fries, Beverage and Dessert
- MACARONI & CHEESE **8.75**
Served with Beverage and Dessert

GREEK YOGURT



- GREEK YOGURT
with HONEY **4.95**
- with HONEY and GRANOLA **5.95**
- GREEK YOGURT
with HONEY and FRUIT **6.50**
Fresh Fruit Salad or Fresh Fruit (Strawberries, Blueberries, Banana)
- with FRUIT AND GRANOLA **6.95**
- EXTRA GRANOLA add **1.00**